

For Immediate Release

Schools Earn Distinction as Champions Provincially for Health Initiatives!

(February 3, 2015) St. Albert, Morinville, Legal – The Ever Active Schools organization recognized Greater St. Albert Catholic Schools with provincial honors at its annual convention this past weekend. The District received the "School District Wellness Champions Award of Distinction" for the Healthy Schools, Healthy Learners initiative.

Under the leadership of Cathy Traynor at Bertha Kennedy Catholic Community School, the initiative which began in 2011 has now expanded to ten schools across the district. Ms. Traynor and her team of health champions from each school have developed visions for complete wellness at school, conducted school health assessments and action plans that will benefit students and improve learning.

"By making health and wellness a priority, our teachers are demonstrating leadership in school health promotion and provide a model for other school jurisdictions in the province to follow. I am truly impressed with Cathy and her team of health champions. They are a passionate group of educators looking to make a difference for students and staff in our schools. We are proud of their accomplishments and we look forward to the continued success of the "Healthy Schools, Healthy Learners" project commented David Keohane, Superintendent of Schools.

A summary of the provincial award nominations and recipients can be found on the Ever Active School organization website. <u>http://www.everactive.org/school-district-champions?id=1424</u>

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